



Welcome to MQ Squashers

MQ Squashers started back in August 2020, and since then the group has grown a lot. We now play three times a week, keep points, and maintain a proper ranking system. Starting this season, we'll also have dedicated internal training sessions.

To keep everything running smoothly, we ask all members to collaborate and follow some simple "common sense" rules:

- **Play as regularly as possible.**
- To avoid leaving people out, **cancellations must be done by 12pm on the day of the session.**
- Since the Finals of last June, **we've introduced a membership fee of AED150.** This helps us maintain the website, cover prizes for the Finals, and manage other seasonal expenses.

Admins may suspend members who stop playing for long periods without a valid reason, or who accumulate several late cancellations/no-shows.

Season VIII – 2025/26

Venue & Sessions

- Main venue: Marina Quays (with Al Sahab used when needed).
- Regular sessions: Mondays & Wednesdays (6–9pm), and Saturdays (10am–1pm).
- The league is open to all WhatsApp group members who have paid the membership fee.

Format

- The season is divided into two parts: Qualifications Stage and Finals.

Qualifications Stage

- Sessions will have a limited number of players based on court/time availability.
- Matches: best of 3 games to 11 points (win 2 to take the match). In crowded sessions, matches may be shortened to 1 game to 15 points.
- Maximum of 2 matches vs the same player per session count toward the ranking.
- New players: join as "guests" for 2 sessions before entering the ranking. Placement depends on level.
- To be eligible for the final ranking, players must attend at least 3–4 sessions per month.
- Everyone is encouraged to play against as many different opponents as possible, regardless of level.

Ranking

- Each player must post their scores in the WhatsApp group immediately after the session.
- Updated rankings will be posted in the group after each session.

- In case of a tie-on points, head-to-head results will determine placement.
- Points system

SCORING SYSTEM BASED ON POINTS DIFFERENCE				
Pts difference	Stronger	Weaker	Stronger	Weaker
	W	L	L	W
0-10	2	-1	-1	2
11-20	1.5	0.5	-2	2
21-30	1	-0.25	-2.5	2.5
31-40	0.25	0	-3	3
+40	0	0	-5	5

Finals – Swiss System

- Open to all players who participated regularly during the season.
- The top 8 players after Qualifications will enter at a later stage.
- Matches: best of 5 games.

Other Events

- This season will feature 2 stand-alone events: the new MQ Cup and the 3rd Skills Challenge.
- In addition, we'll continue with BBQs, Saturday lunches, and other social events.

A Very Important Note

Yes, we keep match records, rankings, and of course we all try to win. But remember—the main purpose of MQ Squashers is to have fun, improve our squash, and enjoy valuable time together on and off the courts. Let's keep the group *performance-anxiety free*!

See you on the courts,

Jack